

PREGNANCY CHOICES

NEWSLETTER

Where Stories Live and Change Happens

The Next Chapter Begins: Celebrating 20 Years of YES and looking ahead to the future we will build together.

A Story You Helped Write

20 Years of Yes



With Gratitude From Lynesha Caron,
Executive Director

This fall, we came together to celebrate 20 Years of YES and the countless lives impacted through Pregnancy Choices over the past two decades! Together, 330 partners, supporters, volunteers, staff, and community leaders gathered for a sold-out evening of gratitude, celebration, and vision.

We set an ambitious campaign goal of $300,000 to carry us into the next chapter. Today, we are overwhelmed with gratitude to share that because of your incredible generosity, **we didn't just meet that target—we surpassed it, raising $354,000!**

As I looked around that evening, I was reminded that this story never belonged to Pregnancy Choices alone. It was written by faithful partners like YOU. Every mother who found hope during an unexpected pregnancy, every father who discovered support and purpose, every student who learned the value of healthy relationships, and every family strengthened through our programs represents another chapter you helped write. Because of those countless yeses over the last two decades, more than 5,000 clients have received compassionate care and life-changing support.

While the Gala celebrated where we've been, it also launched us into what comes next. These funds will directly support new initiatives like **Online Decision Point Coaching**, allowing us to connect with women earlier in their decision-making journey and offering compassionate care and answers when they feel most isolated.

For 20 years, Pregnancy Choices has continued saying YES to life, YES to families, and YES to hope. None of those YESes would have been possible without your prayers, generosity, encouragement, and partnership.

We were humbled that the Gala sold out so quickly, and we know many who wished to attend were unable to secure a ticket. If you were unable to join us in person, there is still time to be part of this milestone year—**our 20 Years of YES Campaign remains open through November 1** to expand our digital reach and ensure hope continues to be available for every family who needs us.

Thank YOU for being part of these first 20 years. We look forward to writing the next chapter together.

20 YEARS OF YES

20 Years of YES Goal Surpassed!

$354,000

Thank YOU for saying YES!

Because of your incredible generosity, we didn't just meet our $300,000 goal, we surpassed it! Every additional dollar raised through November 1st directly expands our new Online Decision Point Coaching, allowing us to connect with even more women at the exact moment they are searching for answers.

EXPAND OUR REACH! Give and ask others to give by November 1st.

donors.mypregnancychoices.com/20th-anniversary-gala/

20 Years of YES, The story you helped write! Have you missed a story? Throughout our anniversary year, we've shared stories of mothers, fathers, families, and futures transformed through Pregnancy Choices. **To watch the stories and celebrate our 20 years of impact** click the link or QR code above.

Let's connect! Schedule a coffee, Center tour, or conversation with Kari Beadner: 952-952-9757 | development@mypregnancychoices.com

R.E.A.C.H. Helping Young People Build Relationships That Last

What if one conversation could change the way a young person approaches friendship, dating, conflict, boundaries, and the decisions that shape their future? That is the heart of **R.E.A.C.H. (Relationship Education And Community Hub)**, a program of Pregnancy Choices dedicated to equipping young people with the skills and confidence to build healthy relationships.

Through partnerships with middle schools, high schools, church youth groups, and confirmation programs, R.E.A.C.H. brings practical, age-appropriate relationship education directly to young people where they are. Our mission is simple: **to help young people become deeply rooted in their values and confident in their decision-making and social skills.**

Because of partners like YOU, more students than ever before are gaining the tools they need to build healthy relationships and make confident decisions.

"We're not just teaching young people what a healthy relationship looks like. We're giving them the confidence and skills to choose it."

As we look beyond the Gala and into the next chapter of Pregnancy Choices, we are celebrating more than numbers. We are celebrating the growing number of young people who are being equipped to make healthy choices, communicate with confidence, and build relationships rooted in respect and their own values.



This is R.E.A.C.H. - reaching young people today so they can build healthier relationships tomorrow.

School Year	2025-26	2026-27
Lessons taught/scheduled	22	67
Students reached	224	296
Student experiences	482	1,668

Online Decision Point Coaching



Moving From Vision To Discovery

This Spring we shared our vision for an Online Decision Point Coaching initiative to meet women and men online at the moment they search for access to the abortion pill.

The reason for launching this effort is simple... and substantial. Currently, 2/3 of abortion-minded Minnesotans are pursuing the abortion pill. By 2030, that's projected to be 80%. Pregnancy Choices **must act** to address this major challenge.

Our team is now evaluating what technology platforms, outreach strategies, educational resources, and partnerships we need to bring compassionate support and accurate medical information to people at the moment they are searching.

We are encouraged by the enthusiasm and support we have received as we carefully explore this opportunity.

"The decision point has moved online. We're prayerfully exploring the best way to meet people there."

Thank you for partnering with us as we move through discovery and begin designing the next phase of this initiative.

UPCOMING EVENTS

A Walk In Their Shoes
Wednesday, October 14
6:00–7:30pm at Pregnancy Choices

Give to the Max Day
Thursday, November 19
Help maximize Pregnancy Choice's Impact.

Giving Tuesday
Thursday, December 1
Help Pregnancy Choice end the year strong.

"Words cannot describe the help your support has brought! Thank you for all of the time, love, and diapers and wipes. You changed my and my family's life."

~A Mom

HELP LAUNCH A MATCH CHALLENGE

We are looking for a Match Partner

As we prepare for Give to the Max Day, Nov. 19, we are seeking one or more generous partners willing to provide a matching gift challenge. Matching gifts inspire participation, increase giving, and help new donors see and multiply the impact of their generosity.

Can YOU help launch our Give to the Max campaign with a matching gift? Email Kari Beadner at development@mypregnancychoices.com or call her at 952-952-9757.

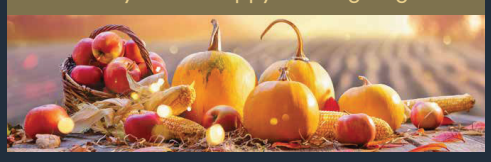
We Celebrate, We Honor, We Remember

We are grateful for our Partners in the Mission's generosity to celebrate, honor, and remember these lives and their impact in the world.

Sophie Flynn, Betty Hoey, Sharon Jasper, Alice Mayers, Betty Jane Rezac, Grace Roath, Lisa S., Tyler & Michelle SanAgustin, Carol Schwab, Nick Walsh, Louise Youmans

Thank You For Your Support!

All of us at Pregnancy Choices wish you and yours a Happy Thanksgiving.



To receive our digital communications or to continue to receive a hard copy of our newsletter, contact us at development@mypregnancychoices.com