

WHEN HOPE FOUND HER

— Shana



There was a time when Shana's head and her heart were telling her two very different stories. When she discovered she was pregnant, her mind insisted that abortion was the only reasonable option. Everything about her circumstances pointed in that direction.

But her heart quietly whispered that there had to be another way.

Unsure where to turn, she reached out to a local church. A member of the care team listened to her story without judgment and gently encouraged her to visit Pregnancy Choices. She even offered to go with her. That simple act of compassion became the first step toward hope.

She walked into Pregnancy Choices expecting answers. Instead, she found people willing to listen.

Her coach didn't tell her what to think. She asked questions. She created space. And little by little, fear began to loosen its grip.

At first, she felt emotionally disconnected from the baby she was carrying. She wondered if she would ever feel the bond a mother is supposed to feel. But with each coaching session, something began to change. Hope quietly replaced fear.

She began to see possibilities where she had only seen obstacles. She found herself connecting with her unborn daughter in ways she never thought possible. As her hope grew, so did her confidence; not only as a mother, but as a woman.

The transformation didn't end when her daughter was born. The coaching continued to shape her life, helping her deepen her faith, find healing, and become more present with her family. Today, she describes herself as more peaceful, more intentional, and more able to let go of the things that once weighed her down.

That peace has changed her home. As she has become more present, her children have found peace as well. Looking back, she realizes her story isn't simply about an unexpected pregnancy. It's about what happened because someone chose to listen. Because someone walked beside her instead of pushing ahead of her. Because someone made space for hope.

There was a time when her head and her heart were telling her two different stories. Today, they tell the same one.

She often says that Pregnancy Choices made a huge difference in her life.

Perhaps what they really did...was listen long enough for hope to be heard.