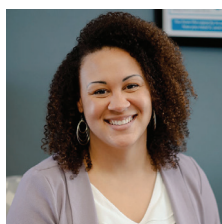




# Pregnancy CHOICES

## A Year of Hope: Reflections From Our Galas

HOPE: the desire for a positive outcome combined with a belief in its possibility, NOT just a simple wish or optimism.

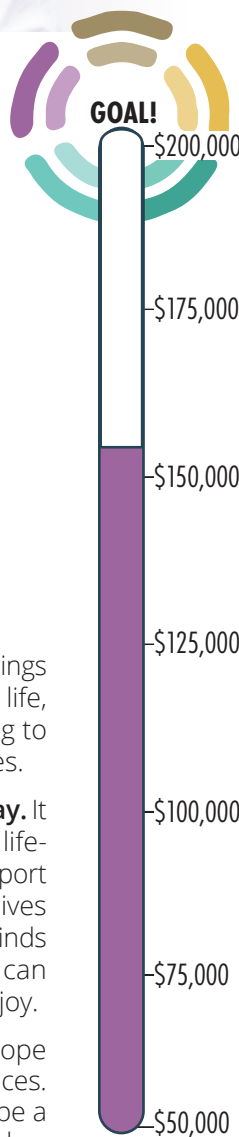


With Gratitude,  
**LYNESHA CARON**  
EXECUTIVE DIRECTOR

This fall, we celebrated "A Year of Hope" at four gatherings with 190 partners. We came together to celebrate life, community, and the hope that each of us can bring to moms and dads navigating unexpected pregnancies.

**Hope is alive at Pregnancy Choices every single day.** It is found in the quiet courage of a mom making a life-affirming choice, in the relief of a dad discovering support is available, and in the laughter of babies whose lives are being celebrated and cared for. Each story reminds us that even small moments of encouragement can transform fear into confidence and uncertainty into joy.

These stories remind us why this work matters. Hope flourishes even in the most challenging circumstances. The truth is, every story at Pregnancy Choices can be a story of hope, of life affirmed, and of futures changed.



### We Still Need Your Help

Every gift provides resources, care, and support to the families who rely on us, and ensures hope continues.

## \$200,000

### Help Us Reach Our Goal



**GIVE TODAY!**  
& ask others to  
give by Nov 10th

[mypregnancychoices.com/gala2025](https://mypregnancychoices.com/gala2025)



Watch Victor & Eva's story:  
[vimeo.com/1123041318](https://vimeo.com/1123041318)



*Achieved Accreditation by*



Pregnancy Choices' medical services are now accredited by the Accreditation Association for Ambulatory Health Care (AAAHC)!

The AAAHC, a nationally recognized organization, sets **the highest standards for quality and safety in outpatient health care.**

This accreditation reflects our commitment to providing the highest standard of client care. From medical testing to certified life coaching, every service we provide meets rigorous safety, ethical, and quality guidelines.

For our clients, this means even greater confidence in the care they receive. Every Pregnancy Choices visit is guided by best practices. They can be assured of receiving compassionate, professional medical services centered on their needs.

We are proud to uphold these standards and continue serving our community with excellence.

## Showered With Love



**JULIE JOHNSON**  
VOLUNTEER COORDINATOR

I've always thought a baby shower was for the baby – the gifts, the celebration, the anticipation of new life. But after our most recent shower at Pregnancy Choices, I realized something deeper: we are really showering our moms.

Last month, we celebrated two women who have walked very different paths into motherhood. One was a young first-time mom, eager and open with sharing her story. The other, Sylvia,\* came quietly.

She is in her 40s, and has older children at home. She was hesitant, unsure, and clearly uncomfortable being the focus of attention.

As the younger mom spoke, her honesty created space for connection. Her courage to share made it safe for Sylvia to open up too.

What began as a simple celebration became a moment of belonging, a place where stories were shared, hearts softened, and healing began. Sylvia left knowing she mattered. **This wasn't just a shower for her baby, but a shower of love, hope, and community for her.**

This shower, just one of the seven held at Pregnancy Choices this year, is not unique. Seven groups of strangers cared for 20 moms and dads and celebrated the lives yet to come.

Each time we gather as community, we see the women and men impacted by this loving care. They leave knowing they belong, there is a community for them, and their baby is a gift to all of us.

*\*Name changed to protect identity.*



### Thank You For Your Support!

All of us at Pregnancy Choices wish you and yours a Happy Thanksgiving.



*"Spread love everywhere you go. Let no one ever come to you without leaving happier." Mother Theresa*

## We Celebrate, We Honor, We Remember

We are grateful for the generosity that our Partners in the Mission share to celebrate, honor, and remember these lives and their impact in the world.

Cathy Maloney, John Brockman, Debra & Melvyn Fisher, Gary Groettum, Fred Horihan, Sharon Jasper, Anne Klein, Cheryl Kugel, Louis Lintereur, Stella "Dixie" Catherine Niebur, Mary Ann Ott, Edward Schwab, Lynette Sorenson, Thomas Trepanier, Christal Welty Peters, Carol Yetzer, Paul Zins, Unborn children

## Little Needs, Big Impact!

Help stock our baby boutique with:  
Winter Clothes: 12M-2T (boys & girls)  
Baby Care: baby soap & shampoo, pacifiers, bath towels, board books, burp cloths, & receiving blankets.



**Double Your Donation!**  
Check this link to see if your employer will offer a matching gift!

## 2026 NEWS



### All Electronic Newsletters

In 2026 we will only be sending electronic newsletter *unless* you request a hard copy be mailed to you by emailing Becky at [beckyhanel@mypregnancychoices.com](mailto:beckyhanel@mypregnancychoices.com)



### 20th Anniversary Gala

"20 Years of YES," October 1, 2026  
Brackett's Crossing, Lakeville, MN

### The World's Largest Diaper Drive!

In May 2026, Pregnancy Choices is joining the World's Largest Diaper Drive because too many families struggles to provide their children with clean, dry diapers.

Our goal? To collect as many diapers as possible for the moms and dads we serve. Every single diaper you give will be matched,

doubling your impact and keeping more babies comfortable and cared for, one diaper at a time. Let's show our moms and dads what love in action looks like.

