



Pregnancy CHOICES

A New Kind Of Story

“Do You Support Women Who Have Had An Abortion?”

We had an unusual call a few weeks ago. The voice on the other end of the line asked if we support women who have had an abortion? She was a college student, home on break. Just four days before she'd had an abortion

and needed to talk to someone. She came in for life coaching and the opportunity to process the experience. She spoke of her regret in choosing to end the life that she had helped create, and she was grieving.

The passing of Minnesota's PRO Act (Protect Reproductive Actions Act) on Jan. 31, 2023, guarantees the “right” to abort any baby, for any reason, at any time until birth. The unusual phone call we received a few weeks ago will become more commonplace.

We have witnessed the trauma that abortion can cause for women and men. We've heard personal stories of guilt and unforgiveness carried for decades, and we've read research on what can happen when this trauma is never addressed: depression, addiction, even suicide.

With the changes in MN law, it will be more important than ever that there

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are places for women and men to process their abortion experience, so their lives can be cared for. Certified life coaching can provide this space for women and men and connect them to appropriate resources for more extensive care.

As we continue to meet women and men at a decision point in their pregnancy, it is always our hope that life is chosen. And when we meet women and men who have not chosen life, it is our hope that the care and support we provide can create a path for life in the future.

***When we stand for LIFE,
we stand for ALL LIVES.***



Update on Our Numbers

Dakota County, averaging about 10,000 surgical abortions a year, continues to be the third highest county for abortions in MN. We MUST reach these women and men who are considering abortion. They deserve the opportunity to consider a path that includes life for their child.

Pregnancy Choices recently engaged a marketing agency to reach as many women and men considering abortion, as possible. This partnership,

made possible by your support, allows for a comprehensive strategy across many media channels: website, social media, keyword searches, etc.

The expertise provided through this partnership is in response to the challenges experienced by recent shifts in policies and algorithms. These changes have made it very difficult to be digitally present as an organization for life. We expect client numbers to immediately increase as we leverage this new partnership. **Together we are better!**



UPCOMING EVENTS

Wine & Cheese at the Center. Come for conversation and a tour. Learn how you're making an impact! April 11, 5–6:30pm

A Celebration of Motherhood Spring Luncheon. May 6, 11:30am–2:00pm, Trivia, Brunch, Speaker, Silent Auction, Brackett's Crossing, Lakeville.

Grillin' for Good Fathers
June 13, Save the Date

Gala Gatherings
Sept 24 – Oct 7, Save the Date

To register for these upcoming events call Becky at 612-812-9110 or email development@mypregnancychoices.com

What Just Happened in MN!

It's been extremely challenging to keep up with Minnesota's rapidly changing abortion laws and landscape. When the legislative session opened on January 3, 2023, it was difficult to imagine how rapidly both the House and Senate would move to pass some of the most radical abortion laws in the world.

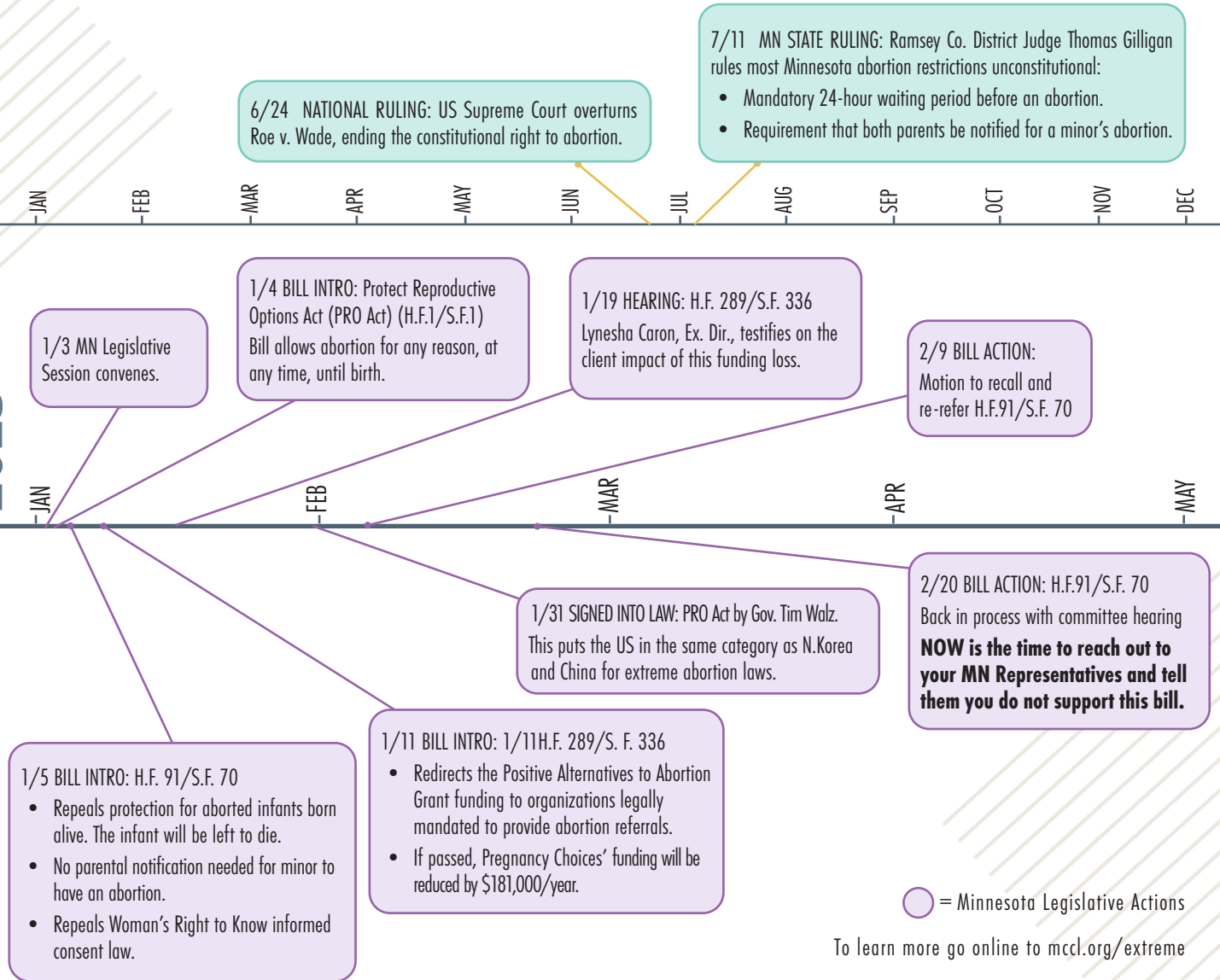
As our **Partners in the Mission**, we want to inform you of these changes and invite you to reach out to us with your questions.

THANK YOU for walking alongside our clients and providing them with the compassion and care they deserve.

Minnesota's new laws and proposed bills will have a direct impact on the women and men we serve and our ability to continue to serve them with the wrap-around support they need and deserve.

2022

2023



We Celebrate, We Honor, We Remember

We are grateful for the generosity that our Partners in the Mission shared to celebrate, honor, and remember these lives and their impact in the world.

Irene & Vince Rauth
 Anne Ainsley
 Anthony August
 Larry Wood
 Emily Durst
 Justin Stroh

Carissa Ruelle
 Nancy & Terry McCall
 Deby Samson
 Kathy Haas
 Helen Tooney
 Emily Mathiason

Mary Jace
 Sharon Stemsrud
 Bill Foley
 Alice Howard
 Marge Hentges
 Ida Mares